

WHAT IS CLAIMED IS:

1. A method for fabricating a film, the method comprising:  
supplying electrical energy to a gas mixture of noble gas and reactant gas at a total pressure of 90 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.
2. The method of claim 1, said energy being supplied to the gas mixture by electric power in a frequency range of 1 kHz to 100 MHz.
3. The method of claim 1, one of helium, argon, neon krypton, xenon or one of a mixture of at least two chosen from a group consisting of helium, argon neon, krypton and xenon being used as noble gas.
4. The method of claim 1, temperature of the substrate on which said film is to be formed being in a range of 25 to 500°C.
5. The method of claim 1, the film being silicon dioxide or having a composition close to silicon dioxide.
6. The method of claim 1, the film being silicon nitride or having a composition close to silicon nitride.
7. The method of claim 1, the film being one of a silicon film, a doped silicon film, and a hydrogenated-silicon film.
8. The method of claim 1, the film being one of a metal and an alloy film.
9. A semiconductor device comprising a film fabricated according to the method of claim 1.
10. The semiconductor device of claim 9, the semiconductor device being one of a metal oxide semiconductor field effect transistor device, a thin film transistor, and a silicon on insulator device.
11. The semiconductor device of claim 9, the semiconductor device being a photovoltaic device.
12. An electro-optical apparatus comprising the semiconductor device of claim 9.
13. A memory device comprising a film fabricated according to the method of claim 1.
14. The memory device of claim 13, the memory device being one of a metal oxide semiconductor field effect transistor device, a thin film transistor, and a silicon on insulator device.

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21. A method for fabricating a memory device, the method comprising:  
a step of forming a film by supplying electrical energy to a mixture of noble gas and reactant gas at a total pressure of 90 kPa to 110 kPa to create reactive species, the reactive species forming a film on a substrate.

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